


WHS/EBIS SCHOOL - MAY 2023

Meal Prices:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Parents/Guardians!!! MySchoolBucks.com makes it easy and convenient to manage your child's meal payments! Scan the code to visit the website to learn more!
Breakfast: \$2.20 Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45	***BREAKFAST***					
Breakfast Components: Grain 1 oz Fruit 1 cup Low Fat Milk 8 oz	Bagel Cream Cheese Fresh Fruit Fruit Juice/Milk	Ham, Egg, & Cheese Slider Bun Fruit Cup Fruit Juice/Milk	Overnight Oats Yogurt Fruit Cup Fruit Juice/Milk	French Toast Casserole Breakfast Sausage Fruit Cup Fruit Juice/Milk	Yogurt Muffins Fresh Fruit Fruit Juice/Milk	
	LUNCH					
Lunch Components: Protein 2 oz Whole Grain 2 oz Vegetable 1 cup Fruit 1 cup Milk 8 oz	1 PASTA W/ RED SAUCE CHOPPED SALAD FRUIT CUP MILK	2 TURKEY NACHOS CORN GRAPES MILK	3 CHICKEN GYRO CUCUMBER SALAD ORANGES MILK	4 SLOPPY JOES GREEN BEANS FRUIT CUP MILK	5 PEPPERONI PIZZA CHOPPED SALAD APPLE SAUCE MILK	<u>Sandwich Board</u> Black Bean Burger Black Forest Ham Italian Combo PBJ Salami/Pepperoni Smoked Turkey
	8 BOSCO STICKS BROCCOLI FRUIT CUP MILK	9 MEXICAN LASAGNA CORN ORANGES MILK	10 TURKEY WRAPS TATER TOTS FRUIT CUP MILK	11 MAC & CHEESE CARROTS GRAPES MILK	12 CHICKEN RANCH PIZZA CHOPPED SALAD APPLE SAUCE MILK	
Everyday Vegetarian Option is: PBJ Sandwich or Salad	15 CHICKEN PATTY W/ HAM CARROTS FRUIT CUP MILK	16 BEEF & BEAN NACHOS CHOPPED SALAD GRAPES MILK	17 CHEESEBURGERS FRENCH FRIES ORANGES MILK	18 SAUSAGE & PEPPERS MACARONI SALAD FRUIT CUP MILK	19 CRUST STUFFED PIZZA BROCCOLI APPLE SAUCE MILK	Coming Soon.... Hot Soups to warm you up!
FOOD ALLERGIES??? Please alert the School Nurse of any food allergies your child may have.	22 POPCORN CHICKEN SWEET POTATO FRIES FRUIT CUP MILK	23 CHICKEN BURRITO BOWL CORN ORANGES MILK	24 PULLED PORK COLESLAW GRAPES MILK	25 BBQ CHICKEN GRILLED VEGETABLES FRUIT CUP MILK	26 DEEP DISH PIZZA CARROTS APPLE SAUCE MILK	
Free & Reduced Lunch Applications are available at school or on the District Website	29 NO SCHOOL	30 TACO SALAD CORN FRUIT CUP MILK	31 MEATBALL PARMESAN BROCCOLI GRAPES MILK			<u>Salad of the Week</u> We will send out an email each week!
Questions/Comments? Please call Danny Trotter Food Service Director at 845-373-4100 X 4405						